



Mindfulness and insight meditation guidance and events for all levels ... because enlightenment doesn't care if you're wearing yoga pants.

CONTACT

PHONE:
781-530-4547

WEBSITE:
<https://MindfulnessInBlueJeans.com>

EMAIL:
ronlevine@mindfulnessinbluejeans.com

Copyright © 2019
Mindfulness in Blue Jeans, LLC

Mindfulness in Blue Jeans presents

The Control Freak Series

Bonus!

Included with this Control Freak package is this coupon code for 20% off a private mindfulness and insight meditation coaching session: **Totem**

Use this code at checkout when booking an appointment at <https://mindfulnessinbluejeans.com/Sessions>